# ENDOCANNABINOIDS AS PHYSIOLOGICAL REGULATORS OF COLONIC MOTILITY IN MICE

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## Background & Aim

Activation of enteric cannabinoid  $CB_1$  receptors inhibits motility in the small intestine; however, it is not known if endogenous cannabinoids (anandamide and 2-arachidonylglycerol) play a physiological role in regulating intestinal motility. In the present study we have studied the possible involvement of endocannabinoids in regulating colonic propulsion in mice *in vivo*.

#### Methods

Intestinal motility was studied measuring the expulsion of a glass bead inserted into the distal colon; endocannabinoid levels were measured by isotope-dilution gas chromatography-mass spectrometry; anandamide amidohydrolase activity was measured by specific enzyme assays. CB<sub>1</sub> receptors were localised by immunohistochemistry.

### Results

Intraperitoneal administration (ip) of the non-selective cannabinoid receptor agonists WIN 55,212-2 (0.1-3 mg kg<sup>-1</sup>), anadamide (2.5-20 mg kg<sup>-1</sup>) and cannabinol (3.75-30 mg kg<sup>-1</sup>) and of the selective CB<sub>1</sub> receptor agonist ACEA (0.1-3 mg kg<sup>-1</sup>) significantly inhibited colonic propulsion in mice. The selective CB<sub>2</sub>-receptor agonist JWH-015 (1-10 mg kg<sup>-1</sup>) was without effect.

The inhibitory effect of cannabinoid agonists on colonic propulsion was counteracted by the CB<sub>1</sub> receptor antagonist SR141716A (1 mg kg<sup>-1</sup>, ip). Administered alone SR141716A (10 mg kg<sup>-1</sup>, ip) increased, while the inhibitor of anandamide cellular re-uptake, VDM11, decreased motility.

High amounts of 2-arachidonyl-glycerol and particularly, anandamide were found in the colon, together with a high activity of anadamide amidohydrolase.  $CB_1$  receptor immunoreactivity was colocalised to a subpopulation of choline acetyltransferase-immunoreactive neurones and fiber bundles in the myenteric plexus.

#### **Conclusions**

It is concluded that endocannabinoids acting on myenteric  $CB_1$  receptors tonically inhibit colonic propulsion in mice.

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